



Lead-Follow Basics Boston and WMC BMW CCA Club Motorsports 2020

Hand signals

- Tap top of roof = follow me or close up
- Elbow out, hand up, open palm = slow down or back off
- Elbow out, hand up, fist = going to enter pits ("pit in")
- Arm out, finger pointing at ground = position your car 'here'

Passing Signals

1. Allowing other student/instructor pairs to pass your pair:
(Hold/Maintain signal until cars are past)
 - Arm straight out, Show 2 fingers = 2 cars from group behind should pass us both **on left**.
 - Arm up, pointing over roof, Show 2 fingers = 2 cars from group behind should pass us **on right**.
2. Allowing the student to lead (or vice-versa):
 - Arm straight out = pass me on the left ("point-by on left")
 - Arm up, pointing over roof = pass me on the right. ("point-by on right")
 - Instructor flashes lights to resume 'LEAD'

Pre-session briefing

- Meet in person in the paddock.
- Agree on a meeting location for the session. Pair up before proceeding to hot pits
- Student should follow about 3 car lengths behind.
- Instructor pace: slow-to-moderate. Student follows, but only as fast as is comfortable.
- Student should follow in the instructor's imaginary tire tracks.
- Instructor will show brake lights at the appropriate braking point (even if not strictly needed).
- You are each other's "wingman". Stay together.
If separated, enter the pits and re-combobulate.
- Student should observe flag stations on first few laps to learn where they are. Some are high; look up.
- After checker flag, wave to each flag station to thank them and learn where they are.

Post-session debrief

- When schedule allows (instructor isn't driving next), meet in paddock, not blocking traffic.
- Review hand signal
- Review pace
- Instructor provides feedback on line and procedures to student
- Student lets instructor know what they can do help them be comfortable and learn

General

- Refuel your car. Instructors will use twice the normal amount of fuel.
- Intermediate session will have solo drivers; point them by promptly.
- Novice run groups may use pits to let other groups pass, if desired.