



**Lightning Lap Track Day on VIR Grand Course fueled  
by Car and Driver and Kaizen Autosport on May 10<sup>th</sup>, 2022  
Two Run Groups for Enthusiast Drivers with no track experience and  
Advanced Drivers ready to set their fastest time**

Enthusiast Drivers have four 30 min driving sessions with lead/follow and solo sessions

Experienced Drivers have five 30 min timed driving sessions with open passing

Schedule	Duration	Start Time	End Time
Registration	60 min	6:45 am	7:30 am
Driver Meeting for ALL	30 min	7:30 am	8:00 am
2 <sup>nd</sup> Driver meeting for Enthusiast Group	15 min	8:00 am	8:15 am
Enthusiast Track Session 1 (Lead/Follow)	30 min	8:30 am	9:00 am
Experience Group A Timed Track Session 1	30 min	9:00 am	9:30 am
Experience Group B Timed Track Session 1	30 min	9:30 am	10:00 am
Enthusiast Track Session 2 (Lead/Follow)	30 min	10:00 am	10:30 am
Experience Group A Timed Track Session 2	30 min	10:30 am	11:00 am
Experience Group B Timed Track Session 2	30 min	11:00 am	11:30 pm
Enthusiast Track Session 3 (Controlled Solo)	30 min	11:30 pm	12:00 pm
Lunch Break	60 min	12:00 pm	1:00 pm
Experience Group A Timed Track Session 3	30 min	1:00 pm	1:30 pm
Experience Group B Timed Track Session 3	30 min	1:30 pm	2:00 pm
Enthusiast Track Session 4 (Controlled Solo)	30 min	2:00 pm	2:30 pm
Experience Group A Timed Track Session 4	30 min	2:30 pm	3:00 pm
Experience Group B Timed Track Session 4	30 min	3:00 pm	3:30 pm
Experience Group A Timed Track Session 5	30 min	3:30 pm	4:00 pm
Experience Group B Timed Track Session 5	30 min	4:00 pm	4:30 pm
Buffer	30 min	4:30 pm	5:00 pm
Podium Awards Celebration	30 min	5:00 pm	5:30 pm

**Track Event Requirements:**

- 1) Must sign track liability waiver and acknowledgment form
- 2) Driver meeting will be held at Kaizen RV near tech shed/podium in North Paddock
- 3) Must complete tech inspection form or have 2023 tech decal from SCCA, NASA, SVRA, PCA, or BMWCCA
- 4) Must wear SA2015 Helmet or newer
- 5) No open wheel for this event
- 6) No convertibles without roll cage 2 inches above driver helmet