

Hastings

	Start	End	Length	Break
Race officials meeting	8:30 AM	9:00 AM	0:30	0:00
Group 1 Practice	9:00 AM	9:20 AM	0:20	0:05
Group 2 Practice	9:25 AM	9:45 AM	0:20	0:05
Group 3 Session	9:50 AM	10:10 AM	0:20	0:05
Group 1 Timed Session	10:15 AM	10:35 AM	0:20	0:00
Break / Make up Time	10:35 AM	10:50 AM	0:15	0:00
Group 2 Timed Session	10:50 AM	11:10 AM	0:20	0:05
Group 3 session	11:15 AM	11:35 AM	0:20	0:05
Group 1 Timed Session	11:40 AM	12:00 PM	0:20	0:00
Lunch	12:00 PM	1:00 PM	1:00	0:00
Group 2 Timed Session	1:00 PM	1:20 PM	0:20	0:05
Group 3 session	1:25 PM	1:45 PM	0:20	0:05
Group 1 Timed Session	1:50 PM	2:10 PM	0:20	0:05
Group 2 Timed Session	2:15 PM	2:35 PM	0:20	0:05
Group 3 session	2:40 PM	3:00 PM	0:20	0:00
Break / Make up Time	3:00 PM	3:15 PM	0:15	0:00
Group 1 Timed Session	3:15 PM	3:35 PM	0:20	0:05
Group 2 Timed Session	3:40 PM	4:00 PM	0:20	0:05
Group 3 session	4:05 PM	4:25 PM	0:20	Last Session