

PERFORMANCE DRIVING SCHOOL '23

OVERVIEW



UNLOCK YOUR PERFORMANCE DRIVING POTENTIAL.

Transform your driving through hours of seat time with top coaches who assess, instruct and demonstrate various aspects of improving performance driving skillsets, no matter your current skill level.

Developed by local and national autocross championship winners, we work from our proven school curriculum that has been refined over decades of racing experience. Our coaches tailor the instruction based on the individual needs and goals of each driver.

From rookies to veterans, there is no better way to unlock and develop your performance driving potential.

WHAT WE TEACH

Our curriculum covers a range of performance driving concepts and theories including:

- tire dynamics
- grip & weight transfer
- course analysis & line selection
- fundamental & advanced car control techniques
- vision (looking & thinking ahead)
- the mental game

In addition to the Track Session, we hold a Classroom Session that discusses these areas of theory, approach and application.

SCHOOL PREPARATION NOTES

Autocross demands that you turn your brain ALL the way on! Water is one of the keys to mental acuity, so bring lots to stay hydrated and mentally sharp.

A full day of racing and pushing your brain is demanding! Be sure to be well rested.

Prepare for the weather. Sunscreen, wind/rain protection are all necessities.

Personal belongings that reside in your car need to be removed as a safety precaution, so bring something that can accommodate them in pit lane while you're on track if need be.

Bring a fully functional car with at least 2/3 of a tank of fuel. It's hard to focus on learning if you're worried about your car breaking or running out of gas.

Instructors will drive your car periodically, (with you in it, of course). It's the best way to communicate certain aspects of performance driving. We hope you don't mind but keep in mind, as usual, the only thing out there to hit are cones!

A light lunch (Quiznos sandwiches) will be provided. If you have any dietary restrictions or allergies, please bring a bagged lunch.

CLASSROOM SESSION

Thursday, July 13
6:30 – 8 pm

Location 440 Don Ave.

TRACK SESSION

Sunday, July 16
9 am – 4:30 pm

St. Andrews Airport
1 George Porayko Way,
St. Andrews, MB

PRICING

Member price: \$165 (save \$10)

Non-member price: \$175

1 free Event entry pass included

REGISTRATION

Sign up at [Motorsportreg.com](https://motorsportreg.com)

TRACK SCHEDULE

Gate opens: 8:30 am
Check-in: 8:30 – 8:45 am
School Begins: 9 am
Lunch: 1 – 1:30 pm
School Ends: 4:30 pm

Event cap: 25 drivers

WINNIPEG AUTOCROSS

