Peter Krause Instructor seminar 2020

AM.

9-10 Niagara and GVC update, review of last year, plans for the year

10:15…Intro Peter Krause

AM topics…….Student Instruction

The Novice Driver, new driver

"Presenting the "game plan" Reducing initial overload

Common issues with new drivers

Of all the important skills, what are the most immediate? How to most efficiently/effectively instruct for those most immediate skills.

Teaching vision and helping students to look ahead, and behind, flag stations, track conditions

Slowing drivers down…or, in some cases speeding them up

Braking…….novice braking skill expectation. What to teach for.

Communication…..with the novice before going on track (game plan) and while on track. Efficiency of communication, am I being heard and understood?

The Intermediate driver, 10 plus track days

Assessing a student's actual skill level

Most common skill(s) needing remediation

Developing a game plan

How to adjust bad habits…the remediation process

Deemphasizing speed as a measure of successful high driving

Advanced Student

The Coaching approach…no longer instructor/student relationship

Driving skills many advanced drivers need help in refining/adjusting
Identifying them
Helping them make adjustments

Little "things" that make a big difference

Reducing speed to help refine technique

What is "great braking" at this level?

Helping driver who are better than you are.

PM……..Instructor's personal growth

Improving your own driving

Skills most advanced drivers do consistently well

Skills that "slip" and compromise car control and speed.

How to permanently "adjust" undesirable muscle memory..
Just wishing does not make it so!

Peer coaching…just get someone in the car….

Data ……..the important stuff, the not so important stuff

Good data systems…..basic to advanced, examples

Using data for instruction……at what level?

Instructor use of data. How best incorporated?

Show data from great driver and not so great driver on the same track at the same corners