

Pre-Track Prep

Porsche Club of America St Louis Region

High Performance Driver Education

1. Technical Inspection for your Car

- a. Book a date with a Qualified Shop for a Car Inspection, to occur no more than 30 days prior to Track Day. It's advisable to do this early in case any work needs to be done to get your car ready for the track. All vehicles must be certified by a qualified technician and meet specific safety requirements outlined by the St. Louis Region PCA. There's a list of shops that provide this service free of charge in Reference A, along with the Tech Forms.
- b. Print out Technical Inspection Form (see Reference A) and take it with you to the Inspection Appointment. The Shop will complete the top section and give it back to you.
- c. Bring Tech Form to the Track on the day of the event, you must have this completed form to finish on-site registration.

2. A Week Before Track Day

- a. Your assigned Instructor may contact you to introduce themselves

3. The Day Before Track Day

- a. Put the Tech Inspection Form in your car to bring to the track.
- b. Remove everything in your car that you won't need on Track Day, including floor mats and any other loose objects, whether in the console, glove box, etc. Make sure to bring your vehicle manual and registration, your Driver's License, insurance card and a credit card (for gas).
- c. Wear comfortable, non-synthetic clothing, cotton or wool are strongly recommended. Long-sleeved shirts, long pants. Closed-toe shoes, preferably ones with a smooth sole (no heel) as these allow for easier transitions from the accelerator to/from the brake. Sunglasses are good. Ponytail holders are good if you have long hair.
- d. Bring your Helmet if you have one. Helmets must be either a Snell SA 2015 or 2020, or M 2015 or 2020. See Reference D for more helmet information.
- e. If your wheels have locks, make sure you bring the key with you, so that you can tighten your wheel nuts. If you have a torque wrench and tire pressure gauge, bring them. If not, other participants will have them and will let you borrow theirs.
- f. Bring a Tote to keep all your stuff together at the track and out of the weather. You may also want to bring a chair for relaxing between class time and track time.
- g. Make sure your windshield is clean and your gas tank is full. There are a couple of gas stations near the track.
- h. Be prepared to arrive early at the track to locate your instructor, get your on-site tech completed, and finalize your registration at the Registration Office. These things take time and the Instructors will be going to their driver meeting prior to yours, so **PLEASE ARRIVE EARLY!** Those who arrive late may miss their first track session.

4. Track Day – When you arrive at the Track

- a. Bring your own coffee/tea, there is none available at the track. Bottled water is always available and free, but that's it.

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- b. If you have any loose items still in your car (registration, insurance, vehicle manual), make sure to remove them. Here's where that Tote comes in handy.
- c. BEFORE you go in to finalize registration, locate your Instructor (or any available Instructor, they'll be wearing a yellow Instructor vest) and ask them to "tech your car", you'll need your Technical Inspection Form for this. Once they sign the form, take the Inspection form to the Registration Office, where you'll sign Release of Liability waivers, and get your Participant Wristband and any other pertinent information. If you have guests with you (or arriving later), they too will need to visit the Registration Office to sign Release Waivers and obtain a guest wristband. Wristbands cannot be given out in advance.
- d. If you reserved a loaner helmet, it can be picked up at Registration. You'll need your driver's license in exchange for the helmet.
- e. Place the vehicle numbers (received at the Reg Office) on the outside of your windshield, top center.
- f. Be on time (or early) for the Drivers' Meeting, take a minute to introduce yourself to someone next to you and get ready to have fun!
- g. Some folks like to hang around on Saturday after the track is closed and enjoy a beverage (BYO) to finish up the day. It's a nice way to meet new people and chat about that corner that's still giving you trouble. Please remember to be responsible.

REFERENCES

A. NEW (2022) Technical Inspection Form:

- a. Section one of this form must be completed **no more** than 30 days prior to the event date by a Qualified Shop. Be sure to bring the completed form to the shop as they may not have the new form. Qualified Shops include Porsche St Louis 314-312-1900; ET Tuning 636-583-9191; Reid Vann 314-968-4100 and many others. They will inspect your car against this checklist and let you know if anything needs to be addressed, such as your tires or your brakes. Most of the businesses listed provide a tech inspection for free.
- b. The second part of the tech form must be completed before on-site registration by an Instructor at the track; it can be your assigned Instructor or any other available Instructor. You should read the checklist BEFORE you arrive at the Track, so you can prepare your car to pass this inspection. **For example, if your car has automated safety features, such as auto-braking or anti-collision systems, you will need to know how to disable them.** When you shut off your car and then turn it back on, these safety systems often re-engage, so you will need to remember to disengage them every time you restart your car. If you are bringing your own helmet, be sure it meets the requirements listed. There's a sticker on the inside of the helmet, often under the padding which will have the certification year, 2015 or newer is required.

B. HPDE Schedule: A link will be provided to you via email prior to Track Day. Print and bring a copy

C. Helmet Information

Approved helmets are available through a number of internet sites as well as at some motorcycle shops. SA helmets provide flame resistance and greater protection from multiple impacts. M helmets generally provide a wider field of vision. Full face helmets may provide more protection than open face models, but either type may be used. **We have a limited number of loaner helmets which must be reserved in advance.**